

Mozambique Program - HALO GAIA May 2010 with Lou Bognon

This entire trip is going to be a deeply spiritual and multidimensional experience from the outset.

Group gathers towards the mid-end of the afternoon at base camp and after a long trip over many less travelled roads, either across South Africa or Swaziland, roads that are so incredibly remote, the climb over the dunes and the sound and view of the sea, the gorgeous wild and unspoilt coast of the Southern Mozambican-Indian Ocean is the very first highlight.

20 MAY - THURSDAY NIGHT:

After settling in and relaxing in the new and natural surroundings, allocation of tents, accommodation, a first diner and getting to know each other and what to expect on all fronts, Lou will invite everyone to **a guided meditation on the four elements**, sitting by the edge of the ocean around a little fire and the stars above as our witness.

Lou promises to help us identify with the sea, the sand, the fire and the air by making us feel like a drop in the ocean, a grain of sand, a dancing fire element and a bird in flight. With her loving healing energies and **interdimensional friends** at the commands, this should be a powerful introduction for all that is to follow the next morning.

21 MAY – FRIDAY EARLY MORNING:

Long before breakfast and the more technical aspects of sorting out daily weather patterns and who sits where in the boat to travel together to the depths of the ocean in our first of three sorties to swim with the wild dolphins, Lou again will **prepare the group spiritually to meet (first in consciousness) with the dolphin kingdom in their own home, the ocean** and thus ensure that we all learn to communicate in their own language – which is the language of Light and Love, thus assisting all participants to benefit from the precious moments we will interact with the dolphins in their space-time-element.

22-23 MAY – SATURDAY AND SUNDAY

Here again Lou, who has just **channelled her 5th book on the language of Light will give us first hand, never before shared sacred knowledge** and techniques on how to use and master the basics of the Language of Light to both **communicate and heal interdimensionally**, expanding from the basic smallest atomic level to the greatest galactic and cosmic dimensions.

Healing techniques and sharing her more than forty years of healing experience (remember that Lou started her journey as a child healer) will be the most important aspects of her shared time and presence amongst us, for the four days we will be sharing with her.

Lou has also **promised to do individual short healing sessions for each** one of the willing participants, so that each person benefits from a direct hands-on private time with Lou - thus triggering memory codes by her own special energy, the whole delivered with infinite love and reverence for the Sacredness of all Life and a fair dosage of joy and laughter, which is as we have become accustomed to her, her sense of fun and joy being the most endearing part of her energetic signature.

This unique opportunity is recommend to all those learning or practicing the healing arts.

We at Halo Gaia, feel very privileged indeed to present this amazing and uniquely gifted soul's gifts and presence with you. Please do join us should all this resonate with you.

With Love – Halo Gaia.